

# **SOUL-TIE COMMITMENTS OF TODAY'S YOUTH.**

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## **Who Is A Youth?**

Youth refers to a young person. According to Advanced English Dictionary and Thesaurus, Youth connotes the time of life between childhood and maturity. An adolescent or teenager, to the stage of maturity.

The Nigerian national youth policy (2009) defines youth as between 18-35 years but for the purposes of our Noble Youth Association Inc. Projects; our adopted scope for youths is from 10 to 28 years.

## **Why Must We Study The Subject of Soul Tie?**

Humans are created for relationships, and because we were created for relationships, it can go to the negative or positive depending on how it is handled and often times the individuals involved. So it is imperative for us to learn this area of soul tie, so we can have an understanding of what God expects of us and of course if we have been involved in a negative relationship or unhealthy soul tie, then we can easily disconnect.

Let's look at the subject of the soul and how today's youth can become soul tied.

## **What is the Soul?**

Let's look at these Bible scriptures below so we can know what a Soul is, and how different it is from the Spirit (and Body).

*Genesis 2:7 (KJV)*

*And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.*

*Hebrews 4:12 (ESV)*

*For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.*

*1 Thessalonians 5:23(ESV)*

*Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.*

The scriptures above made us to understand that the soul is alive. It is not some abstract entity that is part of us as humans, no, it's alive, it's living, it's vital. The soul and the body are two different things. As a matter of fact, man (Human) is a tripartite being (I Thess. 5:23), ie spirit, soul and body.

The way we understand is that man is a spirit, he has a living soul and he lives in a body. The spirit is the inner man through which God communicates and the soul is the expression through which man processes thoughts, logic, will, emotions etc, while the body is the house of the spirit.

With the scriptures above, you can agree with me that the soul is different from the spirit.

### **What is Soul Tie?**

A soul tie is the knitting together of two souls.

A soul tie in the Bible can be described not only by the word knit, but also by the word cleave, which means to bring close together, follow close after, be attached to someone, or adhere to one another as with glue. It can either bring tremendous blessings in a Godly relationship or tremendous destruction when made with the wrong persons.

A soul tie is like a linkage between two people in the soul realm. Sometimes they can be positive result or negative result.

A soul tie is a spiritual connection that is formed through a sexual relationship. In marriage it's healthy, but unhealthy outside marriage.

In soul ties (Unhealthy one), your will, intellect, emotions can be tampered with by the other person vice versa. One feels controlled by the other person vice versa.

Example of soul tie is between David and Jonathan, Dinah and Shechem.

*1 Samuel 18:1(ESV)*

*As soon as he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul.*

### Genesis 34:1-3 (ESV)

*Now Dinah the daughter of Leah, whom she had borne to Jacob, went out to see the women of the land. And when Shechem the son of Hamor the Hivite, the prince of the land, saw her, he seized her and lay with her and humiliated her. And his soul was drawn to Dinah the daughter of Jacob. He loved the young woman and spoke tenderly to her.*

### Soul Tie Commitments in Today's Youth

The level of moral decadence in Nigeria and the world at large has become repugnant. The previous invaluable moral values and norms have regrettably been ruined, while immorality now reigns especially among the youths. Gone are the days when morality and discipline used to be virtues. Today it is the exact opposite. We now live in a decadent society where morality and discipline are thrown overboard". This is evident in the current level of sexual promiscuity among the youths in the country (and world at large).

Sexual immorality has become the talk of the day as one is regarded as the greatest by the number of sexual partners he/she has in the name of lovers. As a result, pre-marital sex, homosexuality and lesbianism are no more vices among today's youth. The phenomenon of social media has ruefully exacerbated the matter as one can easily reach out to friends of opposite sex, make new ones and even invite them over through these social sites. Hence, social ills that are erstwhile strange and alien to the indigenous norms and values, are becoming increasingly common in the today's youth.

Apart from this, social media sites have also served as avenue for some youths to share nude and sexual images, especially of themselves. This has encouraged sexual immorality and promiscuity. And with this high level of sexual promiscuity, soul ties amongst various youths are formed.

### **How are Soul Ties Formed?**

- 1.) Close Relationship: An extreme closeness can bring two souls together. As in the case of David and Jonathan (1 Samuel 18:1)
- 2.) Vows, commitment & agreement: Be careful who you make vows to, because words are spirit (John 6:63). What makes marriage stronger is vows.
- 3.) Sexual Relationships: Sex in marriage also gives birth to soul ties but in a godly manner. Here both are in love and will always push for the best for each other, but outside marriage it's an unhealthy soul tie and can be destructive.

### 1 Corinthians 6:16(ESV)

*Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, "The two will become one flesh."*

Sex is a tri-dimensional experience: spirit, soul, and body. Anytime you have sex with a person you bond with them. Dr. Daniel Amen writes in his book, "Change Your Brain, Change Your Life," "Whenever a person is sexually involved with another person, neurochemical changes occur in both their brains that encourage limbic, emotional bonding. Two people may decide to have sex 'just for the fun of it,' yet something is occurring on another level that they might not have decided on at all; **Sex is enhancing an emotional bond between them whether they want it or not.** One person, often the woman, is bound to form an attachment and will be hurt when a casual affair ends. One reason it is usually the woman who is hurt most is that the female limbic system is larger than the male's."

This is what we call soul ties. Sex is like gluing two pieces of wood together and the next day ripping them apart. Of course, wood from the opposite board remains on each board. A piece of your sex partner (the good, bad, and ugly) stays with you (and vice versa) for the rest of your life. You can only imagine what it looks like when a youth bonds with multiple partners.

Unhealthy soul ties are often the ramifications of having partners that you create a life-long bond with through a sexual encounter(s), but with whom you only have a short-term relationship with. The bond (soul tie) remains long after the relationship is over, leaving both sexual partners longing for wholeness.

### **Signs One Has An Unhealthy Soul Tie and It's Negatives on Today's Youth**

1. **Refusal to cut off connection that is not beneficial (injurious):** Example is the case of Samson & Delilah (Judges 16:16-17). Here the youth despite knowing that the relationship or commitment is detrimental to them, will still not be able to cut off ties with such a one.
2. **Obsession:** Having continuous obsessive thoughts of the other party even after you both are not together any more. (2 Samuel 11:3-4)
3. **Strange Feeling:** The tendency to always feel the presence of the other party around you, even when he or she is not physically present (even after you both are no longer in a relationship.)
4. **Inability to restrain yourself:** Example of a girl that is soul tied to a man that is abusing her physically and otherwise, and yet she is unable to restrain herself from going to see him.
5. **Replication of traits and offences:** Here because they are soul tied, the contents of one's character rubs off on the other and they start behaving or acting in the same manner. Here if there were character flaws, the other party begins to act in like manner.
6. **Absurd right:** Samson refused his parents plea because he was soul tied to Delilah. (Judges 14:3). You keep on defending the person despite knowing that the relationship is not adding value to you.
7. **Simultaneous experiences/moods:** Both parties have same experiences, thoughts, moods, addictions etc.
8. **Emotional pain:** Even after separation, one still feels depressed. (2 Sam. 13:20)

9. **Perpetually drawn back:** Here the relationship is over, but you keep on going back. One might be married but keeps going back to their ex.

Soul ties can also be used for the devil's advantage. Soul ties formed from sex outside of marriage causes a person to become defiled:

*Genesis 34:2-3*

*"And when Shechem the son of Hamor the Hivite, prince of the country, saw her, he took her, and lay with her, and defiled her. And his soul cleaved unto Dinah the daughter of Jacob, and he loved the damsel, and spoke kindly unto the damsel."*

This is why it is so common for a person to still have 'feelings' towards an ex-lover that they have no right to be attracted to in that way. Even 20 years down the road, a person may still think of their first lover... even if he or she is across the country and has their own family, all because of a soul tie that is not broken.

### **How to Break a Soul Tie**

- Awareness is the heart beat of therapy. Acknowledge the unhealthy past, avoid the person and ask (cry out to) God to give you the strength to move on. If any sins were committed to cause this soul tie, repent of them.
- Destroy or give away any gift(s) given to you by the other person. Items that symbolise the ungodly practices in past and present relationships such as rings, flowers, cards and bras can hold a soul tie in place if not let go.
- Renounce any vows or commitments made that played a part in forming the soul tie. Even things like "I will love you forever", or "I could never love another man!" need to be renounced. They are spoken commitments that need to be undone verbally.
- Forgive that person if you have anything against them.
- Seek counseling from an experienced counsellor. It can be your pastor, mentor, organisations such as Noble Youth Association Inc.

Unhealthy soul ties is serious affecting the youths of today from progressing to the point that God has destined for them and so there is a need for counseling, education, deliverance etc.

**If you have a need for counseling in the above subject, please feel free to contact the Admin. of Noble Youth Association Inc or send a message to our social media portals, a helping hand will be extended to you.  
Remain Blessed.**